Westwood on Ghomeshi

We are told sexual assault is a crime, but it looks like it's a crime in name only

metroVIEWS

Quebec's boy genius discovers ancient Mayan ruins

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Ottawa metro

FORT MCMURRAY

Fake evacuees collecting donations

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Your essential daily news | WEDNESDAY, MAY 11, 2016

High 20°C/Low 9°C Sunny

Cash for the canal

$57M in new funding set aside for Rideau

metroNEWS

Environment Minister Catherine McKenna, an avid paddler who lives in and represents Ottawa Centre, took her canoe to work yesterday after the announcement.

HALEY RITCHIE/METRO

Renaming streets 'relatively painful'

PLANNING

City slogs through 150 road list of duplicates

Lucy Scholey
Metro | Ottawa

It's taking a little longer to change duplicated city street names in Ottawa.

More than a year after the city pitched a faster way of renaming 150 roads with similar names — think Rideau Street and Rideau Place, or Stittsville's Bell Street and the north and south versions of Bell Street near Dow's Lake — staff have yet to reach the halfway mark.

Michael Mizzi, the acting general manager of the planning department, called the renaming process "relatively painful" because it requires a back-and-forth with the ward councillor and the community. Some names are easy to change. However, some residents get worked up about a change of address.

And it's not necessarily staff who are to blame, said Coun. Jan Harder, the planning committee chair, during a meeting on Tuesday. Councillors may delay the renaming knowing the ruckus it can cause.

While city staff initially wanted to change the street names by the end of this year, they may be slogging through the list until 2017.

Last year, the city renamed 17 streets in Kanata South, Osgoode, College, Innes and Rideau-Vanier wards.

Recent changes include Nepean's Birchview Court, which has switched to Bratislava Court to avoid confusion with a nearby Birchwood Road. There's also Clarendon Circle in Kanata, which was renamed Davies Court, because there's already a Clarendon Avenue in Hintonburg.

Duplicated street names have posed problems for emergency vehicles and pizza deliverers since the city amalgamated in 2001. The city allows residents to make name change suggestions.

College Coun. Rick Chiarelli said it presents an opportunity to name streets after trailblazing women.

metro NEWS
Your essential daily news

Budweiser beer renamed 'America' for patriotic marketing campaign.

City building core strength

LEBRETON FLATS

Site proposal includes office, residential and retail space

Michael Woods
Ottawa Business Journal

When the National Capital Commission announced RendezVous LeBreton group as their preferred bidder in the competition to redevelop LeBreton Flats, it marked a major next step in the ambitious project that promises to transform Ottawa's downtown.

The redevelopment is the city's most significant in the past half-century. Here's a look at some of its possible ramifications.

An artists rendering of the proposed development at LeBreton Flats. COURTESY RENDEZVOUS LEBRETON

Long-term impact on commercial real estate

The RendezVous proposal is far more than just a hockey rink. The three-phase project calls for five distinct neighbourhoods on the 21-hectare site, including 4,400 residential units and 2.8 million square feet of retail and office space.

"If I were an investor or a landlord, I would be very bullish on LeBreton," said Bruce Wolfgram, vice-president of tenant representation at Primecorp Commercial Realty.

The LeBreton redevelopment will also introduce some competition for the billion-dollar Zibi development project on nearby Chaudiere and Albert islands.

Those communities, Wolfgram said, fit the live-work-play model in demand among younger professionals.

"The days of Ottawa rolling up the carpets at 5 p.m., I believe, are long over," he said.

Retail downtown and in Kanata

On the retail front, two questions dominate: what impact will the new retail developments have on the downtown core? And what of the stores in Kanata near the Canadian Tire Centre, the Senators' current home?

Darren Fleming, principal at Cresa Ottawa, said he doesn't think the spate of new retail options at LeBreton Flats will take customers from retail outlets nearby, such as those in Chinatown and on Preston Street.

Fleming said it's hard to say whether retailers will want to remain in Kanata once the draw of the rink is no longer there.

Preston Street businesses

With Preston Street forming the western border of LeBreton Flats, the development promises to be a boon for businesses to the south in Little Italy.

"It's the missing link, and we're hoping that they will bring the grocery stores that are missing and the amenities that our land is too small to enable," said Lori Mellor, executive director of the Preston Street BIA.

Mellor said bars and restaurants on Preston Street will have a "symbiotic relationship" with the new arena and its immediate surroundings during Senators games.

"Ultimately, don't tell Elgin," she said, "but we'll be the next Red Mile."

PUBLIC TRANSIT

Low-cost pass may hike fares

Emma Jackson
Metro | Ottawa

A low-income transit pass is supposed to help the city's most vulnerable, but it could come at the expense of other struggling riders.

The city's transit commission voted this week to study options for a means-tested pass in next month's fare review, thanks to a motion from Coun. Jeff Leiper.

But the commission has no power to raise taxes to cover the $3.3 million the new pass could cost, so if the commission wants to create a low-income transit pass before 2017, the money would come from fare hikes.

$3.3M
The means-tested pass could cost up to $3.3 million.

The obvious targets are regular and express pass holders, but groups like seniors or students could also be affected.

Coun. Tobi Nussbaum pointed out that OC Transpo subsidizes $6.9 million a year for discounted seniors' fares and free Wednesday rides, and $3.5 million for student discounts.

According to Statistics Canada, only about 5.2 per cent of families over 65 are low-income. About 27 per cent of single seniors are low-income.

"There would be some of that money spent on riders who are not financially constrained," Nussbaum said.

CITY HALL

Council to vote on reduced parking in urban core

Lucy Scholey
Metro | Ottawa

Ottawa city councillors will vote on two separate proposals to reduce parking spots in the urban core today.

One application concerns a National Capital Commission (NCC) building at 283 Sussex Dr., which sits across from the Royal Canadian Mint. The other is for two 26-storey student residence towers planned for a block between Rideau and Besserer streets downtown. The former file, which was approved at planning committee on Tuesday, is on a comparatively much smaller scale, but neighbours say the proposal will hurt Lowertown's parking situation.

The NCC wants to turn that building into an office for a law firm that's currently located in the Tin Court House and 7 Clarence St. in the ByWard Market.

The firm needs a new home because those buildings are undergoing renovations in time for Canada's 150th anniversary in 2017.

According to the NCC, the legal firm does not have parking spaces at its current location and does not need the seven required minimum spaces at 283 Sussex. They have asked for just three spaces instead.

Two residents from a nearby condo said the reduced parking could put pressure on surrounding side street parking nearby. Cathcart Street, for example, is already frequently full, with visitors stopping in to the Bruyere Centre.

Meanwhile, Textbook Student Suites Inc. has proposed just 14 visitor spots for its student apartment towers downtown, compared to the minimum 164 spots.

The developer wants to avoid building a costly underground parking garage. That, and the towers will be close to a future light rail transit station.

End indefinite segregation: Report

OMBUDSMAN

Solitary may do serious harm if inmates surpass 60 days in a year

Joe Lofaro
Metro | Ottawa

Complaints about segregation placements at the Ottawa-Carleton Detention Centre have increased each year since 2013, a new report from the Ontario ombudsman shows.

In his report Segregation: Not an Isolated Problem released Tuesday, Paul Dubé called for an end to "indefinite segregation" practices as complaints from segregated inmates increased significantly.

When an inmate is in segregation — also known as solitary confinement — he or she is placed into a cell alone for 22 hours a day or more with limited social interaction.

The practice has come under fire in Ontario, especially as more inmates with mental illness are being placed into segregation instead of receiving treatment.

The report said indefinite segregation "should no longer be an accepted or legal correctional practice in Ontario."

15

In 2014-2015, the Office of the Ombudsman came across 15 "egregious cases" relating to segregation complaints

Inmates should be placed in segregation for no more than 15 days in accordance with United Nations regulations and no inmate should be confined to a solitary cell for more than 60 days in a calendar year, according to the ombudsman's recommendations.

Once an inmate surpasses this amount of time in segregation, he or she may suffer "serious and irreversible harm," according to the report.

The UN has declared that lengthy segregation terms can amount to torture.

In Ottawa, the report shows complaints about the jail practice at the Innes Road jail are on the rise. In fiscal years 2013-14, 2014-15, and 2015-16, the number of complaints about segregation placements were 17, 25, and 27, respectively.

While complaints at the Toronto South Detention Centre reached 43 in 2014-15, they dropped by more than half to 15 the following fiscal year.

The comprehensive report made note of an Ottawa man who, after spending more than one year in segregation, was deemed unfit to stand trial and was transferred to a treatment centre. Among 15 "egregious" segregation complaints in 2014-2015, the ombudsman revealed there was one case in which an Ontario inmate was kept in segregation for more than three years.

"Segregation can have profoundly negative impacts on inmate health and welfare. The suicides of federal inmates who spent lengthy periods in segregation, such as Ashley Smith and Edward Snowshoe (who spent 162 days in segregation in an Edmonton prison in 2010), highlight the risk that segregation poses, particularly for vulnerable inmates," the report said. "It has also been reported that a disproportionate number of suicides occur among segregated inmates."

Dubé said the Ministry of Correctional Services doesn't produce comprehensive statistics about suicides involving segregated inmates and despite continued recommendations from various coroners' inquests after an inmate commits suicide, they still occur.

"Earlier this month, according to news reports, another inmate took his own life in a segregation cell at the Ottawa-Carleton Detention Centre," the report said. "The available information on the number of suicides among segregated inmates in Ontario facilities is ad hoc."

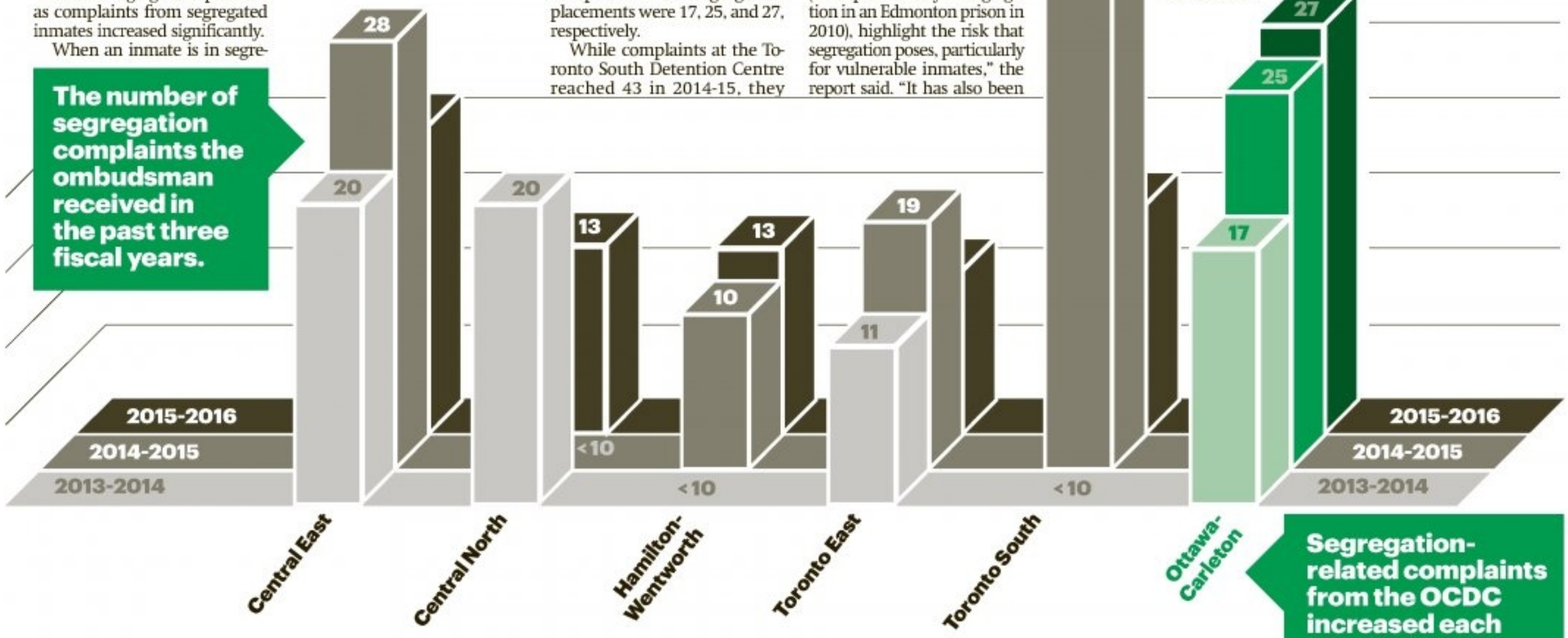
Another recommendation is to require all correctional officers to undergo regular segregation training prepared by the ministry.

All 28 recommendations are available at ombudsman.on.ca.

1,677

The Ottawa-Carleton Detention Centre and the Central East Correctional Centre recorded a total of 1,677 segregation admissions April to August 2015.

The number of segregation complaints the ombudsman received in the past three fiscal years.



Segregation-related complaints from the OCDC increased each year since 2013.

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Bike rack now at MacLaren

PARKING

Mixed reaction from nearby businesses

Emma Jackson
Metro | Ottawa

The city's wayward bike corral is on the move again.

Staff installed the temporary 12-spot bike rack in a street parking spot on MacLaren Street near Bank Street on Tuesday afternoon.

It's a first for Centretown; two other summer corrals have stayed in Hintonburg and the Glebe since the pilot launched in 2014.

But the third corral hasn't found its rightful home. It was yanked out of Wellington West in 2014 after business owners complained it was limiting short-term parking in front of their shops.

It then spent 2015 at the corner of Dalhousie and St. Patrick streets, but it wasn't well used.

Now, Coun. Catherine McKenney hopes it can encourage cyclists to visit the Bank Street corridor.

Emma Craig parks her bike at a new 12-spot bike corral at the corner of Bank and MacLaren streets. EMMA JACKSON/METRO

"The Bank Street BIA and the businesses it represents recognize that more and more people are coming to their businesses by bike," McKenney said. "It is an opportunity to brand yourself as more of a cycling destination."

Reaction from nearby businesses was mixed.

Rami Aroosi, owner of Foster's bike shop, was indifferent to the removal of a street parking spot.

"I don't think parking is an issue down here," said Aroosi.

But Nikki Menzies, a day supervisor at Connor's Gaelic Pub on Bank Street, said her customers would probably prefer street parking over bike parking. If they're not coming by foot, they're driving into the neighbourhood from another area, she said.

> **The Bank Street BIA ... recognize(s) that more and more people are coming to their businesses by bike.**
> Coun. Catherine McKenney

"We sometimes get complaints that street parking is full ... especially since there's no parking on Bank Street during certain hours," Menzies said.

McKenney said she understands that business owners have concerns, but pointed out the corrals can support 12 or 15 customers rather than the one or two who might come by car.

Plus, there's no room to create more traditional parking.

"We have to find different ways to get people onto the street," McKenney said.

AIRWAVES

Meehan gets new radio gig

A familiar name is coming back to Ottawa's airwaves.

Carol Anne Meehan will be hosting an afternoon radio show on 1310 News. The new show debuts May 30 and airs weekdays from 1 p.m. to 3 p.m.

The station says The Carol Anne Meehan Show "takes listeners behind the day's top stories — from politics and money to family and culture — and gives them a chance to say what's on their minds."

Meehan is perhaps best known for her long-time stint co-hosting CTV's local six o'clock news program with the late Max Keeping. The duo were a staple of local television news until Keeping retired from on-air broadcasting in 2010 and was replaced by Graham Richardson.

Since her departure from CTV, Meehan started a community blog called Local Stories – Local People, which she expects to maintain in addition to her hosting duties at 1310 News.

METRO

OTTAWA RACE WEEKEND

Red Cross on charity roster

The Canadian Red Cross has been added to the roster of charities available to runners participating in Ottawa Race Weekend.

The funds raised by runners pledging to the Red Cross will be directed towards the recovery efforts for the Fort McMurray fire.

"Like everyone in Canada, I've been watching the devastation in Northern Alberta and wondering what I could possibly do to help," said race director John Halvorsen in a news release. "I thought of the kind of impact 50,000 runners could make."

Most of the race categories are close to being sold out, but there are still spots open for registration in the marathon, 10K, 5K and 2K.

New sign-ups can choose to pledge for the Red Cross and those already running can create a another fundraising page if they want to contribute to the Red Cross. HALEY RITCHIE/METRO

INFRASTRUCTURE

Rideau gets floating docks

Haley Ritchie
Metro | Ottawa

Forget commuting on your bike; 2016 is the year to hit Ottawa's water highway.

Environment Minister Catherine McKenna announced $57 million in new infrastructure funding for the Rideau Canal on Tuesday morning.

The announcement was timed with the unveiling of two accessible floating docks that will be added to the canal at Clegg Avenue and Patterson Creek to allow paddlers easier access.

Patterson Creek's new docks Tuesday morning. HALEY RITCHIE/METRO

The new docks are a partnership between Parks Canada and the National Capital Commission and are operating as a pilot project for the summer season.

"If it goes well then we may be able to have other access points," said McKenna before launching her own canoe off the dock.

"The Rideau Canal isn't just something we should use in a very short winter period. I know people skate to work, why don't we paddle to work," she said.

The docks are still being adjusted and will be officially open to the public on May 20 to October 10.

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Izdihar Salloum, left, and Shaouki Bazzi are staying with friends in Edmonton after fleeing Fort McMurray's blaze and losing nearly everything. KEVIN TUONG/FOR METRO

'Like newborns'

IMPACT

Family loses everything in Fort McMurray catastrophe

Alex Boyd
Metro | Edmonton

Shaouki Bazzi fled Fort McMurray driving his taxi, with his wife Izdihar Salloum beside him still wearing her Walmart uniform.

The flames were advancing so quickly there wasn't time to go home first.

They'd gone to work Tuesday morning, when reports suggested the fire was moving away from the city. But in a story now familiar, things changed — quickly.

Today, on top of losing their home to the fire, as so many have, a series of unfortunate circumstances have cost the family their citizenship papers, possessions and thousands in cash. Worse yet, they're not insured.

"No job, no money, no house, we have nothing for tomorrow," Bazzi said. "When I think about it, I'm frozen."

With flames bearing down, their son raced to the house to grab their important papers.

But the road to Abasand, their neighbourhood in Fort McMurray, was already closed.

Making things worse, the family had moved into their rented townhouse six months previous, and hadn't yet bought tenant insurance.

Salloum planned to travel to see her sick mother in Lebanon and had withdrawn thousands in cash that also burned.

Their kids were also affected. Their oldest son, an engineering student at the University of Alberta, lost his computer and textbooks.

After moving to Fort McMurray in 2009, the family had worked hard to build a life in the community they'd grown to love. But when police escorted their son to the remains of their house Tuesday, all he was able to recognize was the scorched furniture in the backyard.

Salloum said they're "like newborns" now and will have to start over.

Their landlord, Rebekah Benoit, has started a Gofundme campaign to help her tenants.

"Gosh I feel for them, I really do want to help them," she said. "We weren't in the position to help them in the first place, and now we're even worse off." WITH FILES FROM HELEN PIKE/METRO

POLICE

Residents warned of fraudsters

Ryan Tumilty
Metro | Edmonton

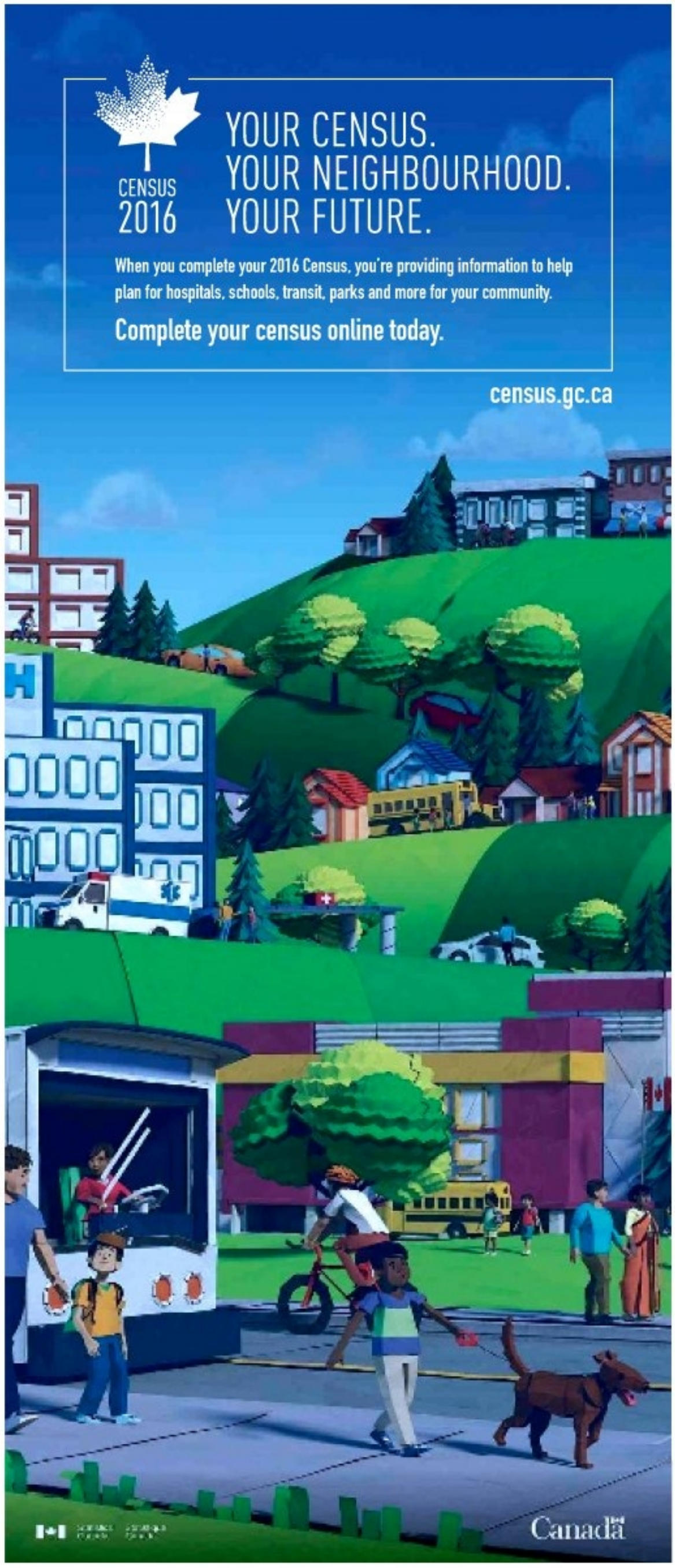
Police in Edmonton are warning city residents to only use charities to donate money for Fort McMurray evacuees after receiving several reports of questionable activity related to cash collection.

Metro has encountered reports of people knocking on doors in the city and asking for cash donations. On Tuesday police spokeswoman Anna Batchelor said other concerns have been brought to the attention of police.

"I'm able to confirm EPS has received reports of suspicious activity regarding requests for Fort McMurray donations," Batchelor said. She said people had encountered the door knockers throughout the city, including in grocery store parking lots.

Batchelor said so far police have only had reports that seem suspicious, but have not confirmed that the donations were criminal or laid any charges.

She said police are encouraging concerned citizens to donate money only through registered charities.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Woman's beloved pet pig rescued by RCMP

REUNION

Owner saw her Marshall among rescued-animal photos online

Helen Pike
Metro | Calgary

Move over Babe, it's Marshall's time to tell his tale.

On Monday, Alberta RCMP posted a photo of some rescued pets, and one looked familiar to Michelle Coutu. She fled Fort McMurray's Waterways neighbourhood last minute and managed to pack her truck with dogs, and family members — but didn't have time to load Marshall, her Julianna pig.

"We had no notice that the fire was hitting Waterways and I was only able to let him out," Coutu said. "We had to basically make a run for it. It broke my heart, I just had to open his pen and let him out."

It's Marshall's second evacuation: The last was three years ago in the Waterways flood.

This time, Marshall proved to be very resourceful. Unlike Babe, he might not be up for telling Coutu exactly what he got up to, but she's pretty sure he had his fair share of beer empties.

"I can just imagine what he was doing to the neighbours yard and garden, helping himself to any empties of beer cans — he likes leftovers in beer cans," Coutu said.

Coutu said he was found close to where she left him, on Draper road. And last night his rescuers "wee wee wee'd" him all the way home, fed him and put him to bed. He's headed to the Wood Buffalo Animal shelter where arrangements for his return can be made.

"The whole time my mind was racing about what had happened. I kept checking the area to see if it was part of the war zone, and praying he had the resources to keep himself happy and fit."

Marshall loves belly rubs and beer — and was able to escape the Fort McMurray fires safely. CONTRIBUTED

LEADERSHIP

Trudeau thanks the 'brave firefighters'

Prime Minister Justin Trudeau says he will visit Fort McMurray on Friday to offer the support of all Canadians to the fire-ravaged community.

Speaking in the House of Commons, the prime minister thanked those who battled the huge wildfire and saved much of the city.

"I too ... congratulate the brave firefighters and first responders who have been there to do extraordinary work through these terrible blazes in Fort McMurray," Trudeau said.

He also thanked Canadians for their donations in the face of a crisis which has driven more than 80,000 residents out of the city.

"I want to congratulate all Canadian who across the country came together to give incredibly generously to the people of Fort McMurray through the Canadian Red Cross and in other ways."

Last week, as the blaze worsened, Trudeau said a visit would have to wait. Alberta Premier Rachel Notley toured the city by bus on Monday and also praised firefighters for saving a majority of homes and buildings in the community.

But she said it's not safe yet for people to return to homes that are still standing because large sections of town don't have power, gas or water.

THE CANADIAN PRESS

IN BRIEF

Alberta's oil industry will bounce back, premier says

Alberta Premier Rachel Notley stood with oilsands executives Tuesday to say the province's mainstay industry would be back up on its feet after the Fort McMurray wildfire within weeks.

"We expect ultimately that many companies will begin to resume their production in the coming days and short weeks ahead," she said after a meeting with leaders from the oilsands, pipeline and power industries.

THE CANADIAN PRESS

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Boy genius makes a stellar discovery

ARCHEOLOGY

Quebec teen uses the stars to track down ancient ruins

At the age of 13, William Gadoury discovered a correlation between 22 constellations and 117 ancient Mayan cities — a finding good enough to win him first prize at a science fair.

For a spectacular encore, he discovered a cluster of unexplained geometric forms hidden beneath the dense jungle growth in the Yucatan Peninsula that he suspects could be a lost and long-forgotten 118th Mayan ruin.

For this, the 15-year-old high-school student from St-Jean-de-Matha, Que., has landed himself on the world map.

Even before he takes his project, "Discovered from Space," to the Canada-wide science fair finals next week in Montreal, his work is travelling the world based on the sheer improbability that a boy with a theory may have filled in a gap that legions of archeologists and experts in ancient Mayan civilization didn't even know existed.

Gadoury's fascination with the Mayan civilization began in 2012, the year that Mayans had predicted the end of the world.

> He's not someone who spends his time playing his Game Boy.
> University of New Brunswick's Armand LaRocque

But his quest that led to a 2014 science-fair project started with a question: Gadoury wanted to figure out why the Mayans built their cities inland when it would have made much more sense to settle next to rivers and along the seashores.

That kicked off his first discovery, which was that there was a correlation between 117 known Mayan cities and 22 constellations. But where was the city that corresponded to the 23rd?

The Canadian Space Agency was able to help by accessing satellite images.

"We could actually see structures … and we calculated the size of this by counting the number of pixels on the imagery," said Daniel De Lisle, who worked with the satellite imagery. "We could see that it fit the dimensions of a potential pyramid. So we could not see the pyramid per se, but the foundation is about the same size."

TORSTAR NEWS SERVICE

William Gadoury of St-Jean-de-Matha, Que., seen here in 2014 after winning a science fair for a project that discovered a correlation between Mayan cities and constellations. COURTESY QUEBEC EXPO-SCIENCES

JIAN GHOMESHI

Lawyer suggested peace bond

An expected agreement that will see fired radio host Jian Ghomeshi apologize and sign a peace bond in exchange for the withdrawal of a sexual-assault charge against him was instigated by his lawyer, a source familiar with the proceedings said Tuesday.

The offer, expected to be formalized at a court hearing on Wednesday, became contingent on his admitting to misconduct against the complainant, a former CBC employee, and an appropriately worded apology, the source said. The source insisted on anonymity given the sensitivity of the matter.

On Tuesday, the Ministry of the Attorney General announced the hearing would take place Wednesday in an Ontario court of justice before Judge Timothy Lipson. Ghomeshi, 48, had been expected to stand trial next month on a single charge of sexual assault related to an incident alleged to have occurred at the CBC in 2008. THE CANADIAN PRESS

BUSINESS

Apple Pay expands in Canada after deal with banks

Apple Pay mobile payments will hit Canada in full force in the coming weeks, after the Cupertino, Calif.-based tech behemoth announced agreements Tuesday with the country's Big Five banks, as well as with debit and credit card companies.

Starting Tuesday, users of the newest iPhones who bank with CIBC and RBC will be able to use Apple's digital wallet for credit and debit card payments. Customers with Canadian Tire financial services and Alberta-based ATB can also use it for credit payments.

In the coming weeks — likely by June — BMO, TD and Scotiabank will add the service for Mastercard, Visa and debit cards.

Apple Pay only works with the newest Apple devices, such as the iPhone 6, 6s and Apple Watches. It launched in the U.S. in fall 2014 and earlier this year in the U.K.

Apple Pay allows customers to hold devices up to payment terminals in stores to pay. It uses encrypted technology to store and send information, so is considered by some to be more secure than plastic cards.

Apple reached an agreement with payment processor Moneris for use with the 85 per cent of its terminals that are enabled with near-field communication technology. It also lets users make online payments to retailers on their iPads and iPhones.

It's still unclear whether the widespread launch of Apple Pay will be the universal payment method that analysts believe will lead to wider-spread adoption of mobile payments.

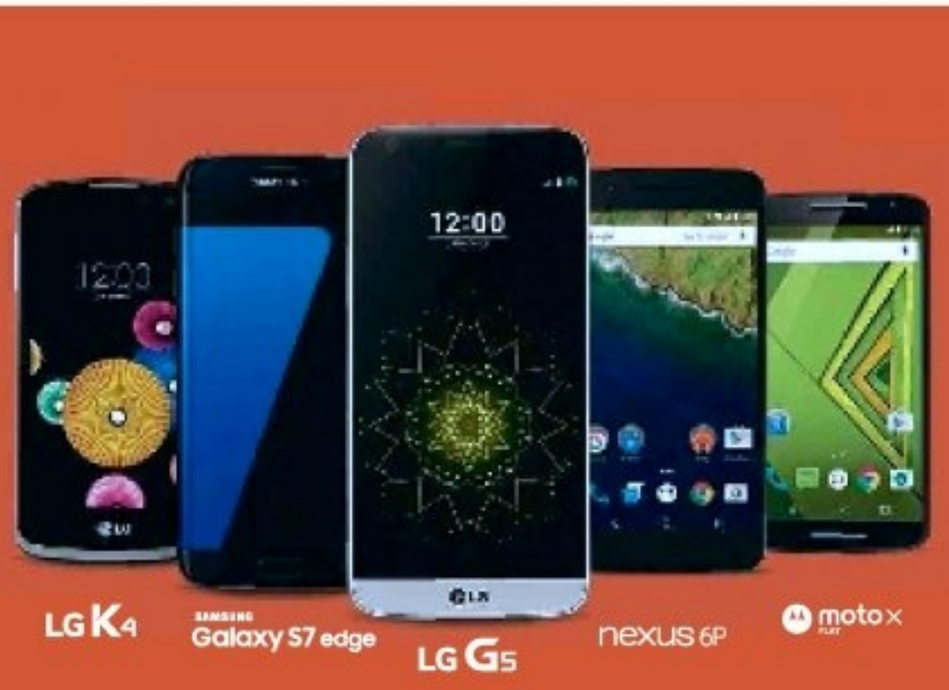
But so far, mobile payments have yet to take off in Canada. Just 11 per cent of consumers said they would use Apple Pay at least weekly in a recent Accenture survey.

TORSTAR NEWS SERVICE

IN BRIEF

Canada, U.S. no-fly redress group takes flight

The federal public-safety minister says Canada and the U.S. have set up a working group to help sort out errors on no-fly lists following reports of dozens of youngsters enduring delays because their names matched others on a security list. THE CANADIAN PRESS



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Donald Trump speaks during an interview with The Associated Press in his office at Trump Tower on Tuesday in New York. MARY ALTAFFER/THE ASSOCIATED PRESS

Trump gets a boost from Nebraska win

U.S. ELECTION

GOP bigwigs start to line up behind brash billionaire

Key Senate Republicans voiced optimism Tuesday about Donald Trump's presidential prospects in November, the clearest signal yet to the GOP rank and file to unite behind the bombastic billionaire and turn their energy against Democrat Hillary Clinton. But it was uncertain whether the doubters could be quieted.

Trump added two more primaries to his column, taking West Virginia and Nebraska.

"We have a nominee, it looks like he may well be very competitive, and we want to win the White House," Senate Majority Leader Mitch McConnell told reporters. He also said, "We know that Hillary Clinton will be four more years of Barack Obama. I think that's going to in the end be enough to unify Republicans across the country."

Still, doubt and angst over Trump remained palpable as GOP lawmakers returned from a weeklong recess that saw him effectively clinch the presidential nomination. For some, the question of whether they were backing their party's standard-bearer — a no-brainer in a normal election year — proved too much to answer.

"We're not doing any Trump questions today," an aide to Sen. Mark Kirk of Illinois told a crowd of reporters as Kirk, one of the most endangered Senate Republicans, sped into a meeting.

Another Republican who's up for re-election, Tim Scott of South Carolina, offered his support, but like others managed to sound grudging and backhanded in the process. "I'm supporting the Republican candidate, and it happens to be Donald Trump," he said.

A third, Sen. Johnny Isakson of Georgia, deflected questions about whether he would back Trump, saying he's focused only on securing another six-year Senate term.

"The only thing I can do is get re-elected so we have a Republican majority in the Senate," Isakson said. "I will support the Republican ticket and I'm endorsing me for my Senate seat."

The comments reflected ongoing divisions in a party still reeling over Trump's success in locking up the nomination and pushing his two remaining rivals from the race last week. McConnell and others have decided that the best approach is to get behind Trump. But especially in light of House Speaker Paul Ryan's surprise decision to withhold his support, unity is elusive for now. THE ASSOCIATED PRESS

IN BRIEF

A contrasting view of Philippines' new leader

Rodrigo Duterte, the bombastic mayor of a southern city, was heralded as president-elect of the Philippines after a campaign that projected him as an emancipator as well as a looming dictator. Results from a semi-official count gave Duterte a large lead, thrusting him into national politics for the first time after 22 years as mayor of Davao and a prosecutor.

THE ASSOCIATED PRESS

TURKEY

Border guards killed five refugees: Group

A rights advocacy group claimed Tuesday that Turkish border guards have in the past two months killed five Syrians who were trying to cross into Turkey, and called on the country to investigate the reported use of excessive force by soldiers.

In a statement, New York-based Human Rights Watch accused border guards of shooting and beating asylum-seekers and at least one smuggler. It said that five refugees - including a child - were killed and 14 others were wounded in March and April.

A Turkish Interior Ministry official denied that the incidents cited by Human Rights Watch had occurred and insisted that the country, which is home to 2.7 million Syrian refugees, does not shoot at asylum-seekers. The official cannot be named because of regulations that bar civil servants from speaking to journalists without prior authorization.

THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Wednesday, May 11, 2016

ROSEMARY WESTWOOD
ON GHOMESHI AVOIDING TRIAL #2

Does this mean we're going to turn the courts into the principal's office where bad boys (mostly) go for a slap on the wrist? What are peace bonds if not the state equivalent of 'Say you're sorry, Tommy,' and, 'I've got my eye on you!'

Women have been lied to. We've been made fools of.

We are told that sexual assault is a crime, but it looks like it's a crime largely in name only, and Jian Ghomeshi has showed us how.

Ghomeshi will appear in court in Toronto today, reportedly to agree to a peace bond instead of enduring a second trial for one charge of sexual assault. After he was acquitted of sexual assault and choking charges in March — by a judge who issued a public scolding of the three witnesses along with a ruling — either the complainant or the Crown or both decided to indefinitely postpone round two.

And the result, a peace bond, strikes me as infuriating.

Peace bonds are basically an agreement to keep the peace and keep to good behaviour, and can include other conditions.

As part of that agreement, my colleagues at the Toronto Star report Ghomeshi might "express remorse over conduct" at the heart of this case during today's court appearance (he allegedly thrust his crotch into a colleague's backside at work one day, while still the lauded host of CBC's Q). Does that mean we're going to turn the courts into the principal's office where bad boys (mostly) go for a slap on the wrist? What are peace bonds if not the state equivalent of "Say you're sorry, Tommy," and, "I've got my eye on you!"

I believe the justice system can and must be improved.

DISAPPOINTING 'The high bar of being believed turns out to be almost insurmountable,' Rosemary Westwood writes. FRANK GUNN/THE CANADIAN PRESS

Understanding that this is not a surprising outcome (0.2 per cent of sexual assaults end in convictions) should mitigate the anger. But it doesn't, because this scandal has been a walking tour through a house of lies, and I, for one, could never have expected how it would feel to come out the other side.

As it is written in the Criminal Code, Canada's sexual assault laws are "actually pretty good," law professor Brenda Cossman noted in a Chatelaine article in March. "There is an expansive definition of consent or more specifically its absence, and the Supreme Court of Canada has insisted that consent be positive and ongoing."

But in reality, the crime of sexual assault turns out to be a kind of legal Russian doll with seemingly endless amendments added in its practical application, each nestled inside the last. The amendments dictate all kinds of requirements to prove a crime, spanning from the circumstances of the event to the complainant's behaviour. The high bar of being believed turns out to be almost insurmountable.

Just yesterday, I heard of a separate trial involving sexual assault that will not proceed, because the woman doesn't want to testify after watching Ghomeshi's first trial.

There is a crucial question here: What is to be done?

I believe the justice system can and must be improved. If we decide as a society that something is a crime, it deserves to be treated as a crime. To abandon all hope for criminal convictions in sexual assaults is far too fatalistic, especially since they do happen. (Linda Redgrave — the first witness in Ghomeshi's first trial — should be commended for her efforts to help other complainants navigate the legal system). And while I understand the efforts afoot to develop alternative options for survivors who don't want to go through trial, we can't afford to further water down sexual violence by giving up on aiming for convictions altogether. It's devalued enough as it is.

Farrah Khan, a counsellor and sexual violence activist, called this a moment of "mourning" for the idea that women are offered justice for sexual violence by the legal system. "We have a crisis in confidence," she said, echoing the general sentiment.

But we also have a new vantage point. And we have the women who went forward with charges to thank for that.

Do Canadians really care about animals?

Thomas Walkom

Canada's contradictory approach to animals was on vivid display this week.

In Fort McMurray, ordinary people risked their lives to save pets trapped in fire-threatened homes.

Meanwhile in Ottawa Monday, the other way we see animals was in evidence. That's when a Liberal backbencher's effort to toughen up animal cruelty laws ran into a Parliamentary buzz saw.

Toronto MP Nathaniel Erskine-Smith's private member's Bill C-246 is pretty mild stuff. Among other things, it would criminalize the "brutal and vicious" killing of animals without lawful excuse. Yet to some MPs it is the thin edge of a very large wedge.

Manitoba Conservative Robert Sopuck called Bill C-246 a Trojan horse designed to advance the agenda of animal rights extremists. He said if passed, the bill could penalize someone who cooked a lobster by boiling it alive.

Alberta Conservative Blaine Calkins mused that the bill might allow animal rights advocates to bring charges against those who don't properly groom their pets.

Former Toronto police chief Bill Blair, now a Toronto Liberal MP, fretted that by criminalizing the brutal or vicious killing of animals, the bill could threaten what he called heritage activities.

Blair said it was premature to talk of amending animal cruelty laws in isolation and that any change should wait until a full overhaul of the entire criminal code takes place.

Since he is parliamentary secretary to Justice Minister Jody Wilson-Raybould, his remarks presumably reflect the position of Prime Minister Justin Trudeau's government.

The comments of Blair and his two Conservative colleagues also give a flavour of the other way in which Canadians see animals — as resources, like rocks or trees, which exist only to satisfy human wants.

The woeful inadequacies of Canada's animal cruelty laws are well-known.

But whenever politicians attempt to strengthen the law to deal with such cases, they run into the same lobby groups making the same arguments.

Bill C-246 already exempts activities involving aboriginal rights. Erskine-Smith said he'd be willing to amend the bill to exempt other legal activities, such as hunting and fishing.

In an effort to touch on issues with popular appeal, Bill C-246 would also ban the import of shark fins from countries that don't follow Canadian standards. It would criminalize all aspects of animal fighting and ban the import of cat and dog fur.

The Ontario Federation of Anglers and Hunters has served notice that it will oppose the bill. It is already lobbying Liberal MPs.

At the best of times, private members' bills have a hard time getting through Parliament. If Blair's comments are any indication, the Liberal government has no interest in taking on this politically fraught issue.

That leaves the rest of us.

Thomas Walkom is a national columnist for the Toronto Star.

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Your essential daily news

Meghan Trainor yanks photoshopped music video, says "my waist is not that teeny"

Tale of two tamarind drinks

This flavour typically found in tropical Asian cuisine adds a tangy kick to spring cocktails

This recipe pays homage to the best whiskey sour I've ever had, served at the Whiskey Soda Lounge in Portland, Oregon. The tamarind adds a slightly bitter and sour note, which plays well with the fresh lime juice. Cane sugar adds a sweet finish, and the bourbon punches through without overpowering the other flavors. It's dreamy.

This is the perfect drink to make when you're entertaining friends during the summer, and pairs especially well with spicy dishes.

Simple Tamarind Whiskey Sour

Serves 1. Total time: 5 min.

Ingredients:
- Orange peel + maraschino cherry, for garnish
- 1 Tbsp (15g) fresh tamarind concentrate (can be found online and in Asian grocery stores)
- 1 1/2 Tbsp (19g) organic cane sugar (or sub agave nectar or maple syrup)
- 1 ounce (2 Tbsp or 30ml) lime or lemon juice
- 1 1/2 ounces (44ml) bourbon whiskey
- Ice, for shaking + serving

Directions:

1. Prepare a glass with one large ice cube (or 4-6 small ice cubes), orange peel, and cherry. Set aside.

2. In a cocktail shaker, muddle sugar, lime juice, and tamarind concentrate until well combined.

3. Add bourbon and a generous handful of ice. Shake vigorously.

4. Pour over ice and serve.

COURTESY/THE MINIMALIST BAKER

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Fair warning: This cocktail goes down very smoothly. So to make sure that no one overdoes it, serve it in reasonably sized rocks glasses — not too big— and with generous amounts of ice. You want your guests to keep their focus on what's important: the game and the food!

Tamarind Margarita

Serves 10. Time: 10 to 15 min

Ingredients:
- 15 fluid ounces tequila
- 10 fluid ounces Triple Sec
- 2 fluid ounces Tamarind Paste (page 340)
- 20 fluid ounces fresh lime juice (from 20 to 30 limes)
- 4 fluid ounces fresh orange juice (from 1 to 2 oranges)
- 4 fluid ounces Simple Syrup (page 344)

Directions:

1. Pour the tequila, Triple Sec, and tamarind paste into a 2- to 3-quart bottle with a lid. Cover and shake well until the tamarind paste is dissolved. Pour in the lime juice, orange juice, and simple syrup. Shake until very well combined.

2. If you want to rim the glasses with orange salt, on a small plate, combine the salt with the grated orange zest and stir well with a fork. Have ready ten rocks glasses. Run a lime wedge around the rim of one of the glasses to moisten it and, holding the glass at an angle, roll the outer edge of the rim in the salt until fully coated. Repeat with the remaining glasses.

COURTESY/LAUREN VOLO

3. Generously fill the rocks glasses with ice and pour over the tamarind margarita. Garnish each serving with a lime slice. Serve.

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RELAY FOR LIFE
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IT'S A JOURNEY.
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Walk to fund vital support services and Canada's most promising cancer research.
Accept the baton. relayforlife.ca

PASS THE BATON

Relay For Life supports people whose lives have been affected by cancer. Below, four participants share their life-changing stories.

Meaningful Action

Melissa Rizzi, Relay For Life – Toronto

MELISSA RIZZI CONTRIBUTED

Toronto's Melissa Rizzi signed up for her first Relay For Life in memory of her mother, who died of cancer six years ago. Although Melissa had participated in many fundraisers in the past, something about this event resonated.

"My mom suffered from three types of cancer [lymphoma, breast and brain cancer]," says Rizzi. "She taught me everything except how to live without her."

Rizzi wanted to fight that feeling of helplessness. Four years ago, she and her colleagues from Mortgage Alliance formed a team to take part in the Canadian Cancer Society's signature fundraiser. At Relay For Life, they take turns passing the relay baton and join in on the track-side activities and ceremonies.

In Relay For Life, Rizzi also found something that her whole family could do together. "We wanted to give the kids a chance to learn about giving back," she says. "Now it's in their DNA. Last year, my son started his own team of 8- to 11-year-old boys. They were top fundraisers; who can say no to an adorable boy?"

> "She taught me everything except how to live without her."

For Rizzi, the event is about honouring loved ones and celebrating life. "There is such a great bond between everybody there." Rizzi uses Facebook and other social media tools to connect with friends and acquaintances to raise awareness and funds in support of the event. "It lets people know what's going on without being in their face," she explains. In the last two years alone, Rizzi's Relay For Life team raised almost $25,000 for the Canadian Cancer Society.

Rizzi still misses her mother very much but, she says, participating in Relay For Life and being able to give back to the community "makes it so there is some value in the loss."

Community Cares

Caroline Smith, Relay For Life – Burlington

Peel Regional Police Constable Caroline Smith knows all about serving and protecting the community. Smith has been a volunteer with the Canadian Cancer Society since she was in high school, first selling daffodils and currently as a Cops for Cancer committee member.

CAROLINE SMITH CONTRIBUTED

In 2015, a year after being diagnosed with cervical cancer, Smith felt she needed to give back in a more personal way. "My sisters and four friends had done Relay For Life in the past, but I wanted to do more to raise funds," says the mother of two boys. "I decided to get my friends together, form our own team and make it a girls' night out."

Her first step was spreading awareness of the event and the Society's work. "I sent out an email to all of my friends who were close during my journey," she says. "Starting that email thread was also great for fundraising leading up to the event."

Smith's Relay For Life team is called Teal Power — named for the colour of ribbon associated with cervical cancer. They're excited to be back again in 2016. "The theme of the event this year is New York, New York," she says. "We have team shirts with our logo and we all bought matching tights."

Through her ongoing involvement with the Canadian Cancer Society, Smith knows the urgent need to raise funds for research. As a survivor and caregiver to her mother-in-law, she is also grateful for the vital support programs that the charity offers, such as rides to treatment and information and support services that help patients at a time when they are scared and feeling alone.

Though Smith participates in Relay For Life for personal reasons, one of the things she loves best about the event is how inclusive it is. "For me, the opening ceremony is the most emotional because it honours the survivors and their caregiving community," she says. "I love hearing everyone share their stories. It's nice to see everybody come together."

One for All

Sarah Metcalfe, Relay For Life – Ottawa East

Ottawa fitness-club owner Sarah Metcalfe is a woman of action. Five years ago, she had just been diagnosed with breast cancer when a Canadian Cancer Society volunteer came into one of Metcalfe's Curves clubs and asked to put up a poster for their local Relay For Life events.

"I told her about the diagnosis and she said, 'You have to go on the Survivors' Lap,'" recalls Metcalfe. "I hadn't even started treatment yet, but the volunteer said: 'You are a survivor from day one.' That was so touching to me. It made my heart feel good."

Even before her diagnosis, cancer had affected Metcalfe's life many times. Her husband is a bone-cancer survivor and the disease claimed her father, mother and uncles. Though the Relay was a few months away and she didn't know how her treatment would affect her, she formed a team, calling it "Cure. Care. Courage. Curves."

On the day of Metcalfe's first Relay For Life, she had just received chemotherapy. But she knew that if she felt her energy flagging, she could always pass the baton to her teammates. "That support was the most moving thing I've ever seen," she says.

Metcalfe likens her Relay For Life experience to her cancer journey. "Diagnosis is the Survivors' Lap because you begin moving toward the dark. Lighting the candles during the Luminary Ceremony is going forward to the dawn. And when it's over, you are starting the day with new hope."

> Everyone knows someone who has been touched by cancer.

Since her first Relay For Life, Metcalfe and her team have actively promoted the research and support programs that the Canadian Cancer Society provides through funds that are raised.

SARAH METCALFE (RIGHT) CONTRIBUTED

Metcalfe and her team have excelled at raising money. "We have bake sales and people selling key chains. We sell luminary candles and daffodils. And in Ottawa at the end of May, we take part in the Glebe Garage Sale," says Metcalfe. "All the profits go to Relay For Life." Last year, with the support of family, friends, co-workers and members of her three Curves locations, Metcalfe's team raised more than $12,000.

Although she does most of her fundraising at the local level, she wants to spread the word about Relay For Life events all across Canada. "Everyone knows someone who has been touched by cancer," she says. "And everybody has something to contribute."

Investing in a brighter future

There is strength in numbers — especially in the fight against cancer.

Statistics, for instance, are important to researchers, who use them to uncover trends and plan new studies. Data can help focus resources on the most promising opportunities to better prevent certain types of cancers, build support systems and find effective treatments.

Numbers are also important in funding. The Canadian Cancer Society uses money raised by events such as Relay For Life to finance research. It also turns information into action by educating Canadians about the importance of screening, available support services and improvements in treatment. Such efforts have had a profound effect on cancer survival rates — from 25 per cent in the 1940s to more than 60 per cent today.

Whether it's a small one-time donation or money raised through events like Relay For Life, grassroots action goes a long way to helping prevent cancer, raise survival rates and enhance the quality of life of local patients and their caregivers.

To learn more about how your donation helps, visit cancer.ca.

Memories and Milestones

Terry Attrell, Relay For Life – Brampton

In 2013, Terry Attrell was diagnosed with leiomyosarcoma — a rare and aggressive form of muscle cancer. The treatment was equally aggressive, but Attrell was determined to look forward to a cancer-free future.

"I was at home recovering and a link to Relay For Life popped up on my Facebook feed," she says. She liked the idea of an event that would let her celebrate with the friends and family who had supported her while also letting her honour loved ones she had lost to cancer.

By 2015, Attrell was well enough to participate in her first Relay For Life with her team: Keep Calm & Relay On.

"I signed up three weeks before the event," Attrell says. "I was nervous. I didn't know if I could do it." But she was comforted by the fact that Relay For Life is open to any age group or fitness level. "At that point in my recovery, I was able to walk for a bit before I had to pass the baton," she says. "That's what it's all about — supporting each other."

TERRY ATTRELL CONTRIBUTED

Attrell found the experience itself therapeutic. "I wanted to be with positive people and it was very healing being with everybody," she says. "And being able to raise money for research gave some purpose to all the pain." Though they only had three weeks to prepare, her team raised more than $5,000.

Today, Attrell is cancer-free. This year, she will back to celebrate the milestone and support those who are still fighting cancer. And she encourages others to get involved. "Because Relay For Life events are held all across Canada, there's a sense that you're part of something bigger," she says. "It excites me that we all look past the pain. It's personal but it also proves that we're all in this together."

RELAY FOR LIFE
Canadian Cancer Society

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GO THE DISTANCE.
Register today! relayforlife.ca

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Soy sauce

From sushi to stir-fries, soy sauce flavours our favourite Asian dishes — but not all are the same when it comes to sodium

PICK THIS

China Lily

Sodium
610 mg/1 Tbsp

SKIP THIS

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Sodium
920 mg/1 Tbsp

HERE'S WHY

Equivalent to 2 small bags of Kernels Buttersalt Popcorn in sodium

We know soy sauce is a salt bomb when it comes to sodium and should be used sparingly, but by choosing a lighter pick you can cut the salt factor considerably. Excess sodium in our diet can lead to high blood pressure and an increased risk for many ailments including stroke, heart failure and kidney stones. Always read the label and don't assume all products are equal — in this case, you can cut out a 1/3 of unnecessary sodium while still being able to enjoy your favourite foods.

NUTRITION

Scientists unveil star gene in carrots

Scientists unveiled Monday the gene in carrots that gives rise to carotenoids, a critical source of Vitamin A and the pigment that turns some fruits and vegetables bright orange or red.

Unpoetically dubbed DCAR_032551, the star gene emerged from the first complete decoding of the carrot genome, published in the scientific journal Nature Genetics.

"Vitamin A deficiency is a global health challenge," the study pointed out.

"Its plentiful carotenoids make carrot an important source of provitamin A in the human diet."

Carotenoids were first discovered in carrots (hence the name), but which among the vegetable's newly tallied 32,115 genes was most responsible for their formation remained a mystery.

Daucus carota (the Latin name) now joins a select club of about a dozen veggies — including the potato, cucumber, tomato and pepper — whose complete genomes have been sequenced.

Laying bare the humble carrot's genetic secrets will make it easier to enhance disease resistance and nutritive value in other species, the researchers said.

Having identified the mechanism controlling the accumulation of carotenoid, it may be possible — through gene-editing, for example — to import it to other staple root vegetables such as the cassava, native to South America and widely grown in Africa. AFP

FAMILY TREE

Looking back at the carrot's family tree, scientists have been able to determine that it split with the grape about 113 million years ago and from the kiwi about 10 million years after that, when dinosaurs still lorded over the planet.

LIQUID ASSETS

Sedàra Rosso perfect with seafood pasta

Having just spent time in Rome I can attest that The Eternal City has plenty to offer the hungry, especially the brilliant simplicity of its classic pasta-based dishes.

Funny thing is my favourite meal this trip was Sicilian, the theme of the restaurant next door — Sicilainbocca Trattoria — to the apartment I had rented in the Prati district.

Sadly Sicily's wines have struggled to find a following here in Canada.

You'd fall in love with its juice if you could pair it with a plate of pasta con le sarde (sardines and fennel over a bed of bucatini).

Donnafugata is one of the island's premier producers, with its 2013 Sedàra Rosso ($15.95-$19.49), a rich, cherry-infused beauty made from a base of Sicily's top red grape Nero d'Avola. Perfect with seafood pasta, it's also a great match with grilled meats.

PETER ROCKWELL/METRO

GROWING ON A BUDGET

Frankie Flowers imparts practical wisdom for your DIY garden

The Victoria Day long weekend marks the start of gardening season for many, and for those on a budget, it's a chance to plant vegetable seeds or plants that can help with grocery bills for years to come.

Gardening/weather expert Frank Ferragine, a.k.a. Frankie Flowers of Breakfast Television Toronto, says his No. 1 recommendation for veggies that will produce a big bounty for a good price is the tomato.

"The best one to do for that is called the Early Girl and I would recommend the Early Girl bush variety, so then it won't take up a lot of space," he says.

"Then swiss chard. It's super cheap, easy to grow from seed or you can buy it as a plant; every time you cut it, it's going to sprout back again, so you don't have to do multiple plantings."

Ferragine provides a wealth of gardening advice in his new book, Food to Grow: A simple, no-fail guide to growing your own vegetables, fruits and herbs.

For something quick to harvest, try radishes or spinach.

"Even if you don't have a lot of space — and let's say you have a perennial garden — you could sow some spinach and radishes in a perennial garden and then harvest them before the perennials grow into that space."

He also recommends herbs, which provide multiple harvests. Parsley in particular is easy to grow and can be used for many dishes like tabbouleh.

For apartment/condo dwellers, he recommends grouping four or five herbs used most often into at least a 10-inch pot with ample drainage.

"The number one thing is the sun," he says. "The more sun you have, the better it's going to be.".

THE CANADIAN PRESS

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POTATOES

Celebrating the Yukon Gold

The Yukon Gold potato might have come from humble roots, but the Canadian-bred spud has achieved global status among chefs and food writers.

It seems Gary Johnston, the plant scientist who bred the yellow-fleshed potato 50 years ago, was ahead of his time.

He's hailed as an "agricultural hero," best known for the cross-breeding of a bright yellow wild potato from Peru with a domestic variety. That produced the Yukon Gold, which is praised for its versatility and flavour.

Altogether Johnston developed and brought 16 potato varieties to market. At one time, the top four varieties of potato were his, says the University of Guelph, where he was based with Agriculture Canada for close to 30 years.

Johnston named his iconic potato after the Yukon River, with its link to the Klondike Gold Rush. Yukon Gold was the first Canadian-bred potato variety to be promoted, packaged and marketed under its own name. But because the potato's release to market came a few years before breeder's rights legislation was implemented, no royalties were received.

Alex York von Sivers, whose father Hans von Sivers was Johnston's lab technician for two decades, has taken on the task of spreading the word about the Yukon Gold's big anniversary. Over the last three years he's gathered material about the potato and sought out congratulatory letters for the half-century milestone from the likes of Prince Charles, TV cook Rachael Ray, Canadian songbird Anne Murray and astronaut Chris Hadfield.

"My objective is to pay tribute to a brilliant potato scientist, celebrate the 50th anniversary of his extraordinary creation and then what can I do to make this a lasting legacy," the Toronto-based York says. Johnston died in Guelph in 2000.

Potato Chocolate Cake. THE CANADIAN PRESS

Potato Chocolate Cake

Guests will never guess the secret ingredient in this moist, rich chocolate cake — Yukon Gold potatoes.

Ingredients:

- 250 ml (1 cup) Yukon Gold potatoes, mashed and hot
- 250 ml (1 cup) lukewarm water
- 150 ml (2/3 cup) butter, softened
- 500 ml (2 cups) brown sugar
- 5 ml (1 tsp) vanilla
- 4 eggs
- 500 ml (2 cups) all-purpose flour
- 175 ml (3/4 cup) cocoa, plus extra for dusting pan
- 11 ml (2 1/4 tsp) baking powder
- 2 ml (1/2 tsp) baking soda
- Pinch salt
- 175 ml (3/4 cup) semi-sweet chocolate chips
- Icing sugar for dusting or choice of icing

Directions:

1. Preheat oven to 350 F. Lightly grease a 13-by-9-inch baking pan and dust with cocoa powder. Remove excess cocoa powder and set aside.

2. In a bowl, whisk water into mashed potatoes until mixture is smooth.

3. In a separate bowl, beat butter, brown sugar and vanilla for 4 to 5 minutes with an electric mixer until light and fluffy. Add 2 eggs and mix until blended; scrape down sides of bowl. Add remaining eggs and continue mixing until well blended.

4. In another bowl, sift together flour, cocoa, baking powder, baking soda and salt; stir to combine.

5. At low speed, alternate adding sifted dry ingredients and potatoes to liquid ingredients until incorporated. Fold in chocolate chips.

6. Place batter in prepared pan; smooth top. Bake for 30 minutes or until cake springs back when pressed lightly and begins to pull away from sides of pan.

7. Let cool in pan on a cooling rack. Sift icing sugar over cake or frost with icing of your choice.

8. Let cool in pan on a cooling rack. Sift icing sugar over cake or frost with icing of your choice. Store at room temperature for up to three days in an airtight container. Cake also freezes well.

THE CANADIAN PRESS

Tom Brady's TB12 Nutrition Manual features 89 recipes. THE ASSOCIATED PRESS

Tom Brady's $200 cookbook sells out

BIG SALES

QB says book a step toward achieving peak performance

It looks like a $200 price tag couldn't keep Tom Brady's fans from gobbling up the Patriots quarterback's new cookbook.

The TB12 Nutrition Manual features 89 recipes and is described on the four-time Super Bowl champion's website as being printed on 100-pound text paper with covers made from natural wood that include laser etching. Brady has posted a picture from the book on his Facebook page, calling it "another step toward achieving your peak performance." Recipes include avocado ice cream and carrot cake.

The book can be taken apart and expanded. The description on the site says anyone who buys it will receive additional pages with new or modified recipes.

It's listed as sold out and a note says more may be available early next month.

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A general view of the Croisette ahead of the annual 69th Cannes Film Festival at the Palais des Festivals on May 10 in Cannes, France. MING YEUNG/GETTY IMAGES

Cannes adds massive security to film festival's usual glitter

FRANCE

Terror threats prompt organizers to take cautions

A smile on the face but also a cautious glance over the shoulder.

That's the game plan for the 2016 edition of the Cannes Film Festival, as it merrily but warily prepares for the Wednesday start of its 69th edition with unprecedented security protocols to prevent terror attacks against the many global movie stars expected here, among them George Clooney, Julia Roberts, Kristen Stewart, Juliette Binoche, Charlize Theron, Sean Penn and rocker Iggy Pop.

Recent terror assaults on Paris and Brussels have normally unflappable festival officials talking almost as much about security as about their celebrity guests and the 20 films — including the latest from Montreal's Xavier Dolan — that will compete for the coveted Palme d'Or, or Golden Palm, to be handed out along with other prizes at festival's end on May 22.

The opening-night world premiere is Woody Allen's Café Society, starring Stewart and Jesse Eisenberg, which will screen out of competition.

Festival president Pierre Lescure recently told a news conference that 500 highly trained security agents have been hired to keep watch in and around the Palais des Festivals, the waterfront headquarters for this annual cinema event in this resort city on the French Riviera.

There are also 200 municipal police officers and 500 surveillance cameras throughout the city, and Cannes Mayor David Lisnard announced Monday that there will be random police searches of people on the street throughout the festival.

The law enforcers certainly mean business and with good reason. Daesh, Al Qaeda and other terror groups have warned of plans to attack tourists on European beaches this summer.

The heightened security alert extends to the Palais' famed red carpet, where security officials recently staged a dramatic dress rehearsal that was broadcast throughout France and viewed worldwide via the Internet.

As fake car bombs exploded and masked actors with machine guns "attacked" the Palais, security staff demonstrated with unnerving realism how they'll protect the hundreds of Hollywood celebrities and other festival-goers expected over the next two weeks.

The Hollywood Reporter quotes an unnamed festival source predicting "drastic security measures" at the foot of the red carpet: "Only the stars associated with the official films will be taken to the bottom of the red carpet. The rest will have to be diverted to another road and walk."

It remains to be seen how this edict will play out in practice, since the roads around the Palais are jammed with stargazers and even getting around on foot is difficult.

The festival is fully aware of the chilling effect all this security talk could have on an event that is supposed to be a celebration of cinema.

To help improve the mood it is hosting a welcoming beach party Wednesday night for world press attendees and other guests, which the invitation describes as, "The perfect opportunity for festival-goers to mingle before heading for 12 days in darkened rooms."

Down the Croisette waterfront promenade at the JW Marriott hotel's Theatre Croisette, security concerns have forced the parallel program Directors' Fortnight to cut the films it is showing this year.

Fortnight artistic director Edouard Waintrop told Variety 17 hours of screening time were lost due to more stringent check-in procedures, which will require filmgoers to show up at least 45 minutes before the start of a screening.

There have been no cuts to the festival's main competition, which actually increased this year. There are 20 films in the running for the Palme d'Or, up from 19 last year, including Xavier Dolan's family drama It's Only the End of the World, starring Marion Cotillard, Léa Seydoux and Vincent Cassel. It will have its world premiere May 19 at the Palais and sight-unseen it is already been touted as a strong contender for the Palme, which would be a Canadian first if it won.

In the Palme chase, Dolan will be competing with Cannes veterans and newcomers, including four previous Palme winners: Belgium brothers Luc and Jean-Pierre Dardenne, who have twice won the gold, back with The Unknown Girl; Britain's Ken Loach (I, Daniel Blake) and Romania's Cristian Mungiu (Graduation).

Four new faces are vying for the Palme: Brazil's Kleber Mendonça Filho (Aquarius), Germany's Maren Ade (Toni Erdmann), Romania's Cristi Puiu (Sieranevada) and France's Alain Guiraudie (Staying Vertical).

In a populist move that suggests Cannes borrowed an idea from the Toronto International Film Festival, organizers here have taken the unusual step of announcing a partial list of stars expected. A news release notes: "(T)he Red Carpet will feature Julia Roberts, Marion Cotillard, George Clooney, Kristen Stewart, Charlize Theron, Jesse Eisenberg, Jodie Foster, Fabrice Luchini, Javier Bardem, Isabelle Huppert, Iggy Pop, Juliette Binoche, and Sean Penn, amongst others. . . . Are you sitting comfortably?"

Sitting comfortably? Not yet, but here's hoping.

TORSTAR NEWS SERVICE

JOHANNA SCHNELLER

WHAT I'M WATCHING

Bonding with your TV girlfriends

THE SHOW: Playing House, Season 2, Episode 3 (Shomi)
THE MOMENT: The closing credits clips

Maggie (Lennon Parham) is directing her best friend Emma (Jessica St. Clair) in a play written by Emma's difficult mother Gwen (Jane Kaczmarek). We never see the play; we just see that it resolves and all is well. Then, over the closing credits, we finally hear snippets of Emma's character's dialog. Hilariously nonsensical, each builds in melodrama, until the last line: Someone says to her, "Your mother is dead," and she lets out an overlong, overloud scream.

This is the moment you hope for with a TV comedy: You sit on your couch, grinning madly at anything the characters do, because you now know and adore them so much that their mere existence cracks you up. Clearly, they added this bit simply because it tickled them, and that tickles you.

Parham and St. Clair (you'll recognize them from brief but memorable bits in Veep and Bridesmaids) are longtime friends in real life; they created and write Playing House together. The premise is that Emma has come home to the small Connecticut town where they grew up to help single-mom Maggie with her baby, but that hardly matters. It's just so much fun — a suburban, slightly older Broad City, with hijinks that Abbi and Ilana might be getting up to in ten years.

Also like Broad City, Playing House's singular humour is wholly dependent on its actors' flawless delivery. And they embed many strong ideas about female friendship in their speedy cross-talk. If I ever met them I'd disgrace myself, because I feel so much crazy fan-girl love, I'm convinced we'd be besties forever.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

metro DRIVE

Your essential daily news

Lexus premiered its new IS entry-level sedan at the Beijing Auto Show this week

Pretty strong, for a truck its size

REVIEW

New Ridgeline has more conventional styling

Jil McIntosh
For Metro Canada

Can something that's based on an SUV, and that runs primarily in front-wheel drive, be considered a real truck? Indeed it can, as Honda's Ridgeline proves.

All-new for 2017, and going on sale this summer starting at $36,590, this second-generation model now features more conventional truck styling.

But it keeps a few of the old Ridgeline's best features, including a dual-action tailgate that can be opened conventionally or pulled open like a door, and a lockable trunk tucked in under a truck bed that's made of non-scratch composite so you don't have to add a liner. The size of the 3.5-litre V6 engine doesn't change, but the unit itself is new as well, with direct gasoline injection and a six-speed transmission, giving it more power with better fuel economy.

The suspension is also changed, tuned for a better ride and handling. The truck feels lighter and it's great to drive, with an overall SUV-style feel.

All models come with all-wheel drive that automatically distributes torque as needed from front to rear. While it's obviously not designed for rock crawling, it's surprisingly capable for many off-road duties. It also employs torque vectoring, switching power between the left and right rear wheels, not just for extra traction when it's slippery, but also on curves. The truck corners smoothly and accurately, instead of understeering and plowing ahead. The Ridgeline can tow up to 5,000 pounds, and while I definitely knew I had a trailer back there, the front end stayed firmly planted for a confident ride.

The spacious interior offers all kinds of storage space, including rear seats that let you tuck a set of golf clubs under them, or fold up so cargo can be put on the floor. That said, the rear doors don't open as wide as on most other trucks.

> **The spacious interior offers all kinds of storage space, including rear seats.**

I've always been fond of the Ridgeline. It's capable enough to handle most midsize-truck jobs, and against full-size trucks that have grown massively large, it's easy for shorter drivers like me to get in and out of it. I

t's definitely a truck, and a pretty good one at that, too.

THE CHECKLIST | 2017 HONDA RIDGELINE

THE BASICS

Type. Four-door, five-passenger mid-size pickup truck
Engine (hp/torque). 3.5-litre V6 (280/262)
Transmission. Six-speed automatic
Price. $36,590 - $48,590

COOL FEATURES

- Adaptive cruise control
- Lane keeping and hill start assist
- Integrated bed lights
- Heated seats and steering wheel
- Seven-pin trailer connector
- Tire fill assist
- Standard review camera

POINTS

- The top-line trims have a waterproof, in-bed audio system that plays tunes through the truck's stereo.
- The side-opening tailgate mode makes it easier to reach cargo, since you don't have to stretch across the gate.
- The bed now has a cutline apart from the body, but the unibody construction under it is all one piece.

RIDGELINE PHOTOS JIL MCINTOSH/FOR METRO; ALL OTHERS CONTRIBUTED

MARKET POSITION

The Ridgeline pulls a lot of buyers out of SUVs, who like its sport-utility driving experience but with the convenience of a truck box. It's also outfitted for leisure buyers, who'll have fun with it at cottages and campsites.

THE COMPETITION

Chevrolet Colorado 4x4
Base price: $21,320

Nissan Frontier 4x4
Base price: $28,113

Toyota Tacoma
Base price: $31,635

TECHNOLOGY

Fiat Chrysler teams up with Google to put cars on the road

Self-driving cars could hit roads within five years, the head of Fiat Chrysler Automobiles said Friday, days after the company announced an alliance with Google parent Alphabet.

Chief executive Sergio Marchionne declined to disclose financial details of the partnership or a timetable for building minivans that will expand the Internet company's test fleet of autonomous vehicles.

"It's not sort of 'pie-in-the-sky,' the thing is real and it's coming," Marchionne said.

"People are talking about 20 years, I think we'll have it here in the next five years."

Alphabet this week announced an alliance with Fiat Chrysler Automobiles (FCA) in a major expansion of its fleet of self-driving vehicles.

The company's test fleet will be more than doubled with the addition of 100 new 2017 Chrysler Pacifica Hybrid minivans, with the companies aiming to have some on the road by the end of this year.

The collaboration with FCA marks the first time that the California-based Internet giant has worked directly with an automaker to build self-driving vehicles.

"FCA will design the minivans, so it's easy for us to install our self-driving systems, including the computers that hold our self-driving software, and the sensors that enable our software to see what's on the road around the vehicle," the car team said in a post at the Google+ social network.

The minivan design also paves a road to explore the potential of large self-driving vehicles that could be used mass-transit style with features such as hands-free sliding doors for getting in or out, according to the post.

Alphabet said it was not licensing its autonomous car technology, and won't sell the self-driving minivans.

Marchionne noted that there are many unresolved issues, including how self-driving cars will be priced and what kinds of features will be built into them.

"But, if we don't explore it, we will never know," Marchionne told reporters during the official launch of the 2017 Chrysler Pacifica minivan at an 88-year-old plant in Ontario just across the Canadian border from Detroit.

The Pacifica was designed for hybrid or battery electric power trains and is capable of supporting Google's self-driving hardware, according to FCA.

While the partnership with Alphabet is limited in nature, Marchionne looked ahead to future developments.

"I think most of us in this industry would agree that we are going to transition to a different state than what we are in today," he said.

Google began testing its autonomous driving technology in 2009, using a Toyota Prius rigged with the tech giant's equipment. It now has some 70 vehicles, including Lexus cars adapted by Google and its in-house designed cars unveiled in 2014.

AFP

Toyota keeps the design with C-HR

PRICING

EV sales surge expected as battery costs fall

Energy analysts believe that a surge in electric-car sales could be just around the corner, according to a report by Bloomberg New Energy Finance. Electric cars and plug-in hybrids could come to represent 35 per cent of new light-duty vehicle sales by 2040, it says. A major increase in sales beginning in the 2020s will be driven primarily by steady decreases in the cost of lithium-ion batteries. By 2040, the report indicates, electric-car sales could reach 41 million units globally, which is about 90 times the number sold in 2015. Those cars would save/not use 13 million barrels of crude oil per day. The decreasing cost of lithium-ion batteries will make electric cars cost-competitive with internal combustion ones, the report concluded.

THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

DESIGN

Mini Toyota tall wagon remains "recognizable"

Toyota's entry into the fast-growing subcompact tall-wagon category debuted in production trim at the recent Geneva Motor Show in Switzerland. The Toyota C-HR retains much of the original design of the concept that heralded it, says auto info Web site Motor Authority. "The bulbous wheel wells, low roofline and boomerang-like lights are all recognizeable." Rear door handles are obscured while blacked-out rear pillars help create a "floating roof" look. Sharing its platform with the new-generation Prius, the C-HR will have a hybrid powertrain option alongside conventional gasoline engines, making it Toyota's third hybrid tall wagon after the full-size Highlander Hybrid and compact RAV4 Hybrid. Originally planned to be sold wearing a Scion badge, it will now be a Toyota instead.

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BENTAYGA

Bentley app gives passengers control

Back-seat drivers rejoice, Bentley has developed an Apple Watch app especially for you.

The Bentley Bentayga Apple Watch App is uniquely for people who find themselves being transported in Bentley's flagship SUV.

The app uses Bluetooth to sync with the vehicle's various systems and once a connection is made lets users adjust climate control and heating settings, reduce or increase the vigor of the seats' massage function and change the music on the infotainment system straight from their wrist.

However, Bentayga drivers beware, the app also allows users to monitor real-time information such as how fast the car is currently traveling. AFP

The Bentayga app lets users control the vehicle systems from the back seat. AFP

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TSI Turbocharged Engine
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Highline model shown
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See for yourself at vwoffers.ca. Offers end May 31.
Volkswagen
‡Compared to rates available in April 2016. *Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission with base MSRP of $17,620, including $1,625 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $97. $0 down payment or equivalent trade-in due at signing. Cost of borrowing is $0 for a total obligation of $17,620. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Up to $2,000 finance bonus cash available to be applied as a discount on MSRP on finance only (through Volkswagen Finance, on approved credit) of select new and unregistered 2016 Jetta 1.8T Highline, GLI and Hybrid models. Discount varies by model. †Lease payments of $196 on the Jetta must be made on a monthly basis and cannot be made weekly. Weekly equivalent payments shown for information only. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission. $1,625 freight and PDI included in monthly payment. 48-month term at 0.99% APR. $1,350 down payment, $250 security deposit and first monthly payment due at lease inception. Total lease obligation: $10,758. 64,000-kilometre allowance; charge of $0.15/km for excess kilometres. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end May 31, 2016 and are subject to change or cancellation without notice. Model shown: 2016 Jetta 1.8T Highline automatic transmission, $27,995. Vehicle shown for illustration purposes only and may include optional equipment. Visit vwoffers.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Autobahn for All", "Jetta", "TSI", "Highline" and "Trendline" are registered trademarks of Volkswagen AG. © 2016 Volkswagen Canada.

Golf takes track record

GERMANY

Volkswagen obliterates Nürburgring lap time

It's yet to officially go on sale, but when it does, the 400 owners of the new anniversary edition Golf GTI Clubsport S will be taking delivery of a record breaker.

That's because the incredibly hot hatchback has just set an official lap time of seven minutes and 49:21 seconds around the world's most demanding circuit, the Nürburgring.

The time, confirmed on Wednesday, is a whole 1.4 seconds quicker than the existing record for a front-wheel-drive car, set by the Honda Civic Type R.

To wrestle the record from Honda, VW has had to build the most powerful production VW Golf in its history.

Thanks to a turbocharged two-litre engine that has been remapped and re-tuned and fitted with new exhausts, it can deliver a remarkable 306 bhp. This means the car can rocket from rest to 100km/h in just 5.8 seconds.

Every conceivable way of saving weight and improving performance has been employed for the special edition. There's no air conditioning unit as standard, the infotainment screen is smaller and if you've got children, you're out of luck as the rear seats have been disposed of altogether.

However, these omissions mean that the car is incredibly agile and responsive, despite all that power going solely to the front half of the car. There's even a special Nürburgring setting on the drive selector that sharpens steering and stiffens the dampers specifically for the 22.8km circuit for owners that want to see if they can match the record.

But, as this car will be limited to just 400 individually numbered examples when it goes on sale, the chances are that the Clubsport S is destined for storage, rather than the circuit. AFP

The Golf GTI Clubsport S lost air conditioning and rear seats to save weight and beat the Nürburgring record by 1.4 seconds. AFP

DRIVE BRIEFS

Carroll Shelby Tribute show to honour the Ford GT40

The fourth annual car show marking the life and times of one of America's true automotive and racing icons, Carroll Shelby, will celebrate 50 years of the car that won Le Mans

The free, family-friendly event will open its doors to the public on May 21 at Shelby American's headquarters in Gardena, California.

As well as the Ford GT40, this year's show will mark the 50th anniversary of the Shelby GT 350 and Shelby's partnership with Hertz, which led to members of the public being able to quite literally rent racing cars. AFP

metro SPORTS

Eugenie Bouchard won a matchup of former top-10 players Tuesday with a 6-4, 2-6, 6-3 win over Jelena Jankovic to start the Italian Open

Super sophomore season

GOLF

Henderson has 8 top-10 finishes after breakout year

Canada's Brooke Henderson is finally getting to enjoy some quality time at home after a whirlwind start to her 2016 golf season.

Her first full campaign with full-time status on the LPGA Tour has been a busy one and the Smiths Falls, Ont., native has shown her rookie season was no fluke.

Henderson has picked up where she left off last year, finishing in the top 10 at eight of the 11 events she has entered this season. She has risen to fifth in the world rankings and is ninth on the money list.

Not bad for someone still four months shy of her 19th birthday.

"I'm playing really well but I know I have big goals and big dreams ahead of me," Henderson said. "I'm still pushing to be that little bit better."

Henderson was back in the Ottawa area on Tuesday with her sister Brittany for an appearance at the Kevin Haime Kids to the Course Classic at Eagle Creek Golf Club.

It was her first trip home since Christmas Day.

"It's really nice to see everybody and be back home in Smiths Falls and sleep in my own bed," Henderson said.

She plans to relax at her family cottage later this week before getting ready for the May 19-22 Kingsmill Championship in Williamsburg, Va. That will kick off another busy run of nine tournaments in a row for the 2015 Canadian Press female athlete of the year.

5th

Henderson ranks fifth on the LPGA Tour this season.

Henderson is planning to play over 30 tournaments in 2016 and is a virtual lock to be named to the Canadian team that will participate at the Rio Games in August. Right now she's focused on maintaining her consistent play and continuing her push to reach the top spot in the world rankings.

Henderson became the third-youngest winner in LPGA Tour history last summer when she won the Cambia Portland Classic by eight shots. She was immediately given full Tour membership after the victory.

After rising over 200 spots in the world rankings, she set a pre-season goal of reaching the top 10 and improving her consistency around the greens.

Her top result this season was a second-place showing in early February at the Coates Golf Championship. That kicked off a run of eight straight top-10 finishes.

Consistency has been key to her strong play. Henderson is fifth in scoring average (70.02), 14th in average driving distance (268.36 yards) and 25th in putting average (29.55 putts per round).

She has strayed wide of the fairway at times (108th in driving accuracy at 66.01 per cent) but is 13th in greens in regulation (74.37 per cent).

"I've definitely had a really good start and my game is in a good place," Henderson said. "I definitely have small improvements that I want to make just to become a little bit better."

THE CANADIAN PRESS

CHRISTIAN PETERSEN/GETTY IMAGES

NBA

Curry sweeps 1st-place MVP votes

Stephen Curry's desire to keep getting better while always striving to entertain at every stop on the schedule has the Golden State superstar being mentioned right along with the best ever, Michael Jordan and Magic Johnson.

And he just turned 28.

On Tuesday, Curry accomplished something those former stars never did: he is the first unanimous NBA MVP, earning the award for the second straight season after leading the defending champion Warriors to a record-setting season.

Stephen Curry GETTY IMAGES

"I never really set out to change the game. I never thought that would happen in my career," Curry said. "What I wanted to do was be myself. ... I know it inspires the next generation. You can work every day to get better."

Curry is the 11th player in league history to be voted MVP in consecutive seasons and the first guard to do so since Steve Nash in 2004-05 and 2005-06.

He was followed in the vote by Kawhi Leonard of San Antonio, LeBron James of Cleveland and Oklahoma City teammates Russell Westbrook and Kevin Durant. Curry's teammate Draymond Green was seventh.

Curry is the first two-time winner in franchise history, and Wilt Chamberlain (1959-60) is the only other Warriors winner.

THE ASSOCIATED PRESS

NBA PLAYOFFS

Raptors keep calm after Game 4 loss

In the wake of a painful overtime loss in Miami, Raptors coach Dwane Casey says he's sleeping like a baby — "waking up and crying."

The quip drew the laughter he intended. In reality, Casey says it's all about maintaining an even keel going into Game 5 of the Eastern Conference semifinal Wednesday against the Heat.

5

The Heat have outscored the Raptors by just five points in the series — 379-374.

The best-of-seven series is knotted at two games apiece after the Heat's 94-87 overtime victory Monday in Miami.

"Everybody's upset that we lost, which they should be. But nobody's pushed the panic button because it's such a competitive series," Casey said.

THE CANADIAN PRESS

CFL DRAFT

Riders use first pick on Oklahoma O-lineman

The Saskatchewan Roughriders selected offensive lineman Josiah St. John first overall in the CFL draft Tuesday night.

The six-foot-six, 300-pound St. John spent the last two seasons with the Oklahoma Sooners, starting four of the 15 games he suited up for.

The Ottawa Redblacks selected Laval offensive lineman Jason Lauzon-Seguin seventh overall.

THE CANADIAN PRESS

PREMIER LEAGUE

Man United loses after bus attacked

Manchester United's hopes of Champions League soccer took a hit on Tuesday in a 3-2 defeat at West Ham that followed an attack on the visiting team's bus as it arrived for the match.

Objects were thrown as the bus reached the stadium for West Ham's last ever game at the Boleyn Ground, ahead of its move to the Olympic Stadium next season. Video footage showed damage to sections of the tinted external windows, while the clear internal windows appeared intact.

Police said one of its officers and a member of the public were injured in the incidents, while the kickoff was delayed by 45 minutes.

Inside the ground, Winston Reid headed a late winner to give West Ham a victory that left United in fifth place in the standings with 63 points, two points behind crosstown rival Manchester City with one round of matches to play on Sunday. THE ASSOCIATED PRESS

IN THE CLUTCH

In a stunning overtime performance Monday night, Curry showed exactly how he can take over a game in a matter of seconds. He returned from a sprained right knee to score 40 points — and 17 in overtime — in a 132-125 win at Portland to put his team up 3-1 in the Western Conference semifinals.

IN BRIEF

Murray backs Mauresmo
Andy Murray hopes his split with Amelie Mauresmo isn't seen as a failure for women coaching top players.

The British star improved as a clay-court player under Mauresmo but failed to add to his collection of Grand Slam titles.

"It did work. For two years the results that we had were good," Murray said at the Italian Open on Tuesday, a day after the breakup. "Maybe unless I win a Grand Slam, then maybe ultimately that's how people may judge whether it worked or not, but when she first came into the team, I was really struggling."

THE ASSOCIATED PRESS

Sox's Price tweaks delivery
David Price hasn't had the best start to his time in Boston.

He says he's confident a recent adjustment to his delivery will help change that.

Price said Tuesday that his delivery is feeling "more natural" after he worked on it Monday during a bullpen session. THE ASSOCIATED PRESS

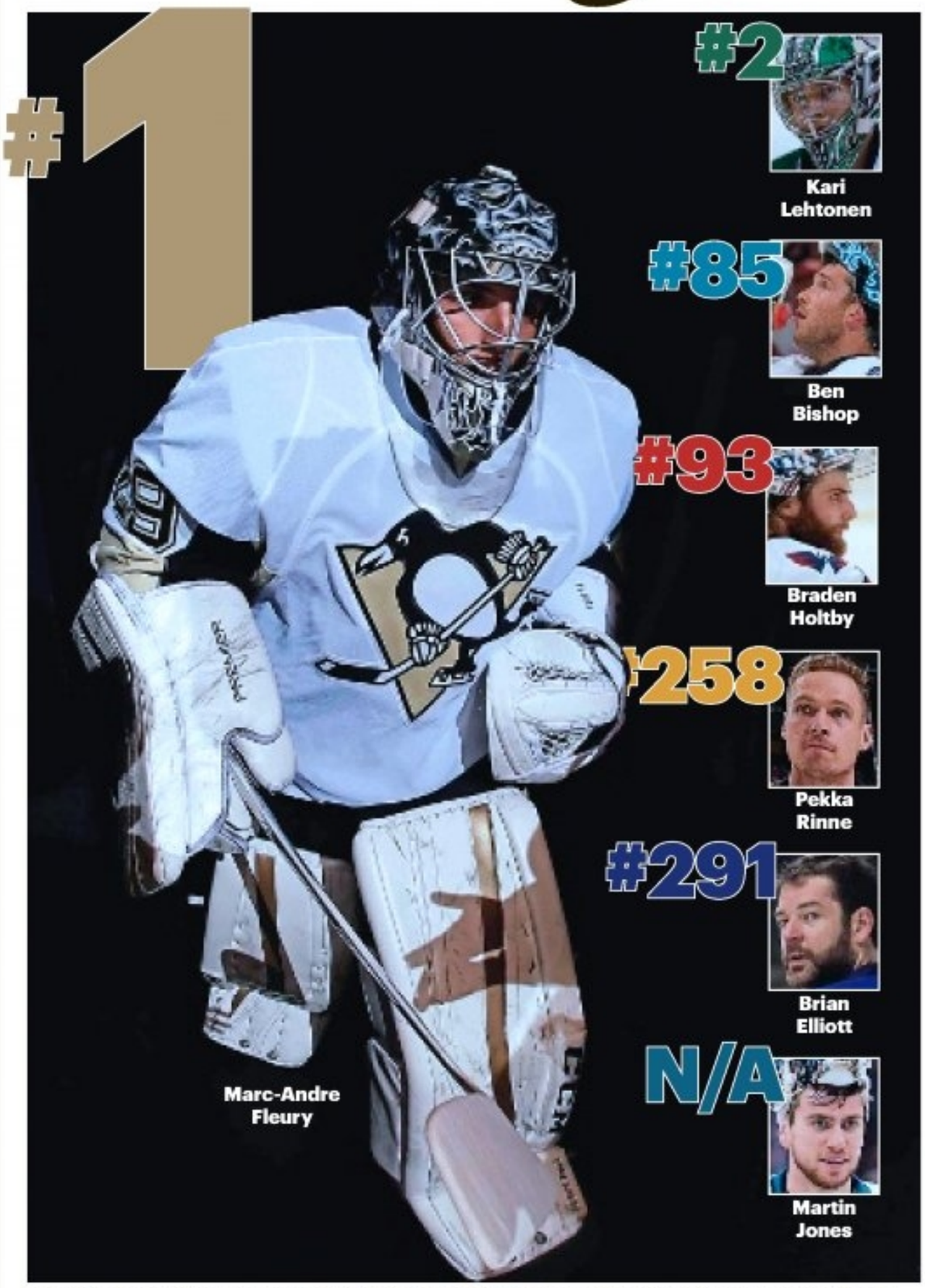
Nationals' Harper under review for ump incident
Major League Baseball is reviewing Washington Nationals slugger Bryce Harper's confrontation with an umpire to decide whether he should be disciplined.

Harper's manager, Dusty Baker, said Tuesday that he thinks the reigning NL MVP "deserves something — a fine or something — to me," because "probably what he did and said was wrong."

Baker went on to add: "But, I mean, how many people say and do wrong things every day? Plus, I'm not the judge here."

THE ASSOCIATED PRESS

Drafting in the dark



A look at the goalies remaining in the NHL playoffs and the position in which they were taken in their respective drafts — if they were taken at all. ALL PHOTOS GETTY IMAGES

NHL

Projecting goalie careers still a scouting conundrum

The Atlanta Thrashers liked a lot about Kari Lehtonen when they picked him second overall in 2002.

They liked his winning credentials in the Finnish league, loved his six-foot-four frame and judged him to be a quality goaltender.

Now playing (and often struggling) for the Dallas Stars, Lehtonen is one of the few goaltenders in recent history to have been picked in the first round. Goaltending is thought to be the most difficult projection to make at the draft, one NHL teams still haven't figured out.

Most of today's top goalies were plucked deep in the draft or missed entirely.

"If you don't have a goalie you can trust you can't win," said David Conte, the former New Jersey Devils director of amateur scouting. "Getting a guy who can play doesn't mean squat. Getting a guy who can contribute means everything."

Conte was with the Devils when they selected Martin Brodeur 20th overall in 1990. Now the NHL's all-time leader in wins and shutouts, Brodeur wasn't the slam-dunk goalie prospect that year. That was Trevor Kidd, who went 11th overall to Calgary.

Kidd had a respectable career, but nothing like Brodeur.

Did New Jersey know they had a future hall of famer on their hands? Hardly. The Devils also picked two other goalies, Mike Dunham and Corey Schwab that same year.

> **It's the experience that develops that mental toughness.**
> NHL director of central scouting Dan Marr

Most of today's best were not high picks. This year's Vezina candidates were all picked outside the first round: Ben Bishop in the third, Jonathan Quick in the third and Braden Holtby in the fourth.

Quick and Bishop were the eight and ninth goalies selected in 2005; four of the seven picked ahead played one game collectively in the NHL. The first two taken, Carey Price and Tuukka Rask, are the last two Vezina winners. It had been 14 years since a first-rounder won the award before Rask, a 21st overall pick, won it in 2014.

Dan Marr, the NHL's director of central scouting said projecting goaltenders is challenging for two primary reasons.

Draftees aged 17 or 18 have yet to fill out physically. Size is coveted, but it's essentially a guess at how much net the goalie will fill down the road.

Second, Marr said the position is difficult to master both technically and mentally.

"It's the experience that develops that mental toughness and allows you to handle the adversity that they face and gives you confidence," Marr said.

Most teams avoid using premium picks on goaltenders, finding them instead via trade, free agency or late in the draft as Nashville and New York did.

Pekka Rinne was the 30th goalie picked in 2004, Henrik Lundqvist the 22nd in 2004.

"But if you want the guy and you believe in him, take him, because it's the most important position you have," Conte says. "If you're going to hide behind the logistics of only so many turn out, you're not going to get anywhere."

THE CANADIAN PRESS

RECIPE Mini Turkey Meatloaves

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Do you not love anything that is mini? And, more importantly, do you not love a dinner that can be packed in the freezer for a night when getting dinner on the table seems like climbing Everest?

Ready in
Prep time: 15
Cook time: 45

Ingredients
- 1 glug of olive oil
- 1/3 cup onion, diced on the fine side
- 1/3 cup celery, diced small
- 1/3 cup carrot, peeled and diced small
- 1 tsp fennel seeds
- 1/2 cup of rolled oats
- 1 1/2 pound of ground turkey
- 1/4 cup ketchup
- 1 egg
- 1/4 cup Parmesan, grated
- 2 Tbsp ketchup
- 1 tsp Worcestershire sauce

Directions

1. Preheat the oven to 375 degrees. Warm up your olive oil in a pan over medium heat. Add your vegetables and the fennel seeds and allow them just start to soften, about 3 to 5 minutes. Remove from the heat and allow to cool a bit.

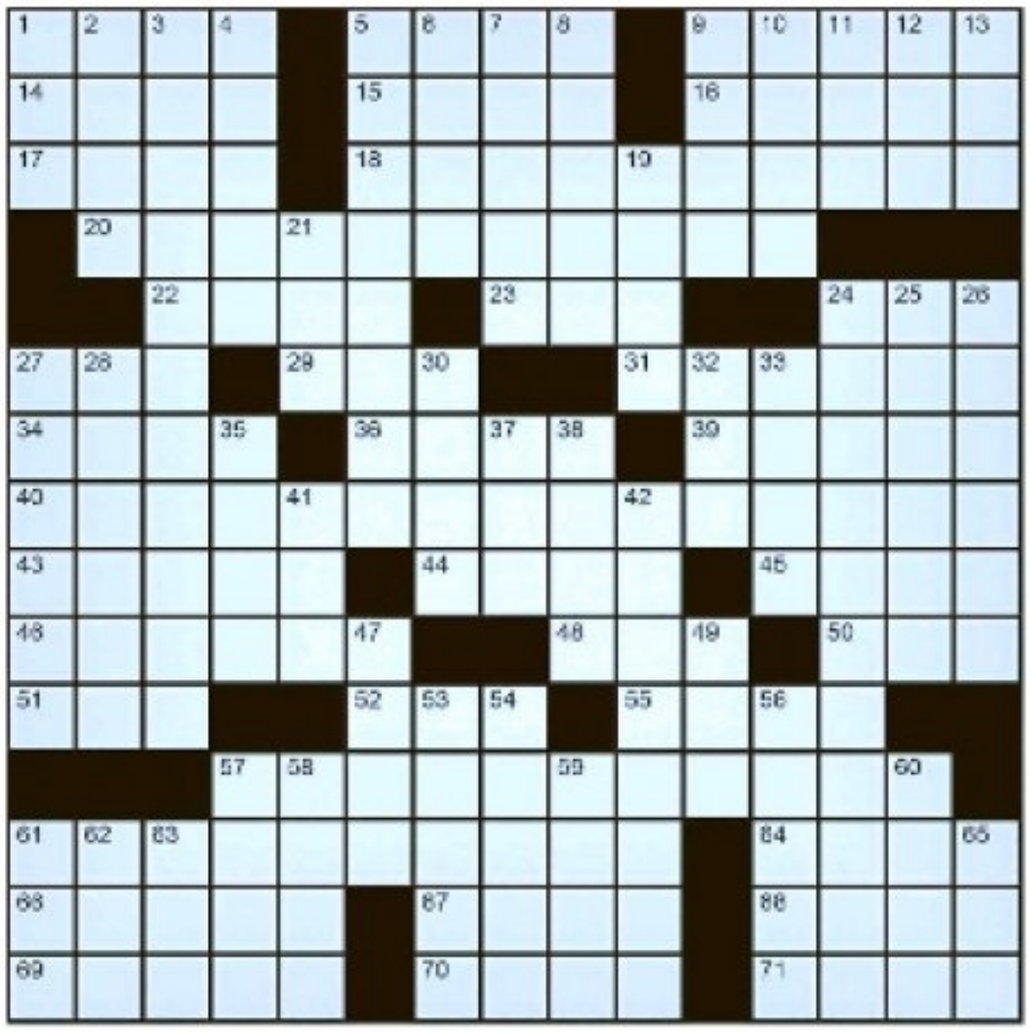
2. In a large mixing bowl, combine your meat, oats, ketchup, sauteed vegetables, cheese and egg. Mix with your clean hands or a fork. Now use a 1/3 cup measure to scoop up your mixture and put it into your muffin tin.

3. In a small bowl, mix together 2 Tbsp of ketchup and 1 tsp of Worcestershire sauce. Use a small spoon to smear this glaze over the top of your mini meatloaves. Pop them in the oven for 40 minutes. The internal temperature for meatloaf should be 160 to 165 degrees.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Rhyming pattern
5. Snorkeller's destination
9. Retreat in The Beach Boys song "Kokomo"
14. Collector's suffix
15. "Step __ __ pets." (Furry friends palindrome)
16. Looked with bewilderment
17. The __ (Hamilton expressway)
18. Revolters
20. __ Man
22. __-chef
23. __ culpa!
24. Luxe lieu
27. Manfred Mann's "Do __ Diddy Diddy"
29. Marcel Marceau's clown
31. Sort of celebrity: 2 wds.
34. Actress Ms. Larter's
36. Objective
39. "_ __ my ticket!" (Lottery-winner's lament)
40. House feature where the breeze can be experienced without the bother of bugs: 2 wds.
43. Swiss Cheese characteristic
44. Ms. Amos
45. Pre-Johnny Carson host Jack
46. Levelled
48. Life span
50. The Mower to the __-Worms (Andrew Marvell poem)
51. Actress Susan
52. Volcanic residue
55. "Take this..."
57. In 1875, she became the first female doctor licenced to practice medicine in Canada: 2 wds.
61. Hypersensitivity-reaction-causer like pollen or milk, to some
64. Encumbrance
66. Region's plant and animal life
67. Taj*Mahal's site
68. Doggie name
69. Chasm
70. Hold back
71. Brood

DOWN
1. Suffer
2. Bathroom = Salle de __
3. Canadian character in L.M. Montgomery stories: 2 wds.
4. Tropical bean tree
5. STOP, for one: 2 wds.
6. -ette cousin
7. Supply the weapons
8. Strength
9. Turkish title, variantly
10. Bitterly bellyache
11. Booming times
12. Reckon
13. Want __ (Newspaper listings)
19. Talk
21. Stubby pencil
24. Rented space for household belongings: 2 wds.
25. French mathematician, Blaise __ (b.1623 - d.1662)
26. 'Joint'-meaning prefix
27. Like the clothes ready for the dryer
28. Kitchen's cozy nook
30. Margaret Atwood, at times
32. Bigwig, briefly
33. Food-like food
35. Visible
37. __ Annie (Character from the musical Oklahoma!)
38. Former currency in Italy
41. Storm centre
42. Brandy, pre-bedtime
47. "Darn!"
49. 'Pamphlet' suffix
53. Dishonest one
54. Door part
56. House toppers
57. Winnipeg hockey players
58. Historic times
59. W.B. Yeats' land
60. Slangy sassiness
61. Camel hair cloth
62. Ad-__ (Off-the-cuff)
63. "The Thin Man" (1934) starring Myrna __
65. Scatter seed

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Grin and bear it while you deal with late checks in the mail and delays with finances or possessions. On the upside, this is a good time to wrap up old business.

Taurus April 21 - May 21
Retrograde Mercury in your sign brings people and situations from your past back into your world. It's deja vu all over again.

Gemini May 22 - June 21
Because Mercury is your ruler, you feel the insanity of Mercury retrograde. That's why conversations are confused and you keep misplacing things. Aaghh!

Cancer June 22 - July 23
Old friends are back in your world. Consider this a blessing, because it's wonderful to have history with others (especially as you get older).

Leo July 24 - Aug. 23
Some of you are in touch with parents or bosses you haven't seen for a while. A hot tip: If you're looking for a job, go back to where you worked or applied to before.

Virgo Aug. 24 - Sept. 23
Travel plans might be frustrating because of mistakes and delays. However, this is an excellent time to finish a book, thesis or school paper.

Libra Sept. 24 - Oct. 23
The stars will help you to wrap up old business with inheritances, taxes, debt and shared property. You will be surprised how easily this will flow.

Scorpio Oct. 24 - Nov. 22
Old friends are back in your life again, as well as ex-partners and ex-spouses. Consider this an opportunity for closure or swapping lies about the bad old days.

Sagittarius Nov. 23 - Dec. 21
Delays, missed communications and silly errors will dog your steps at work now — there's no doubt about it. Just cope as best you can for the next few weeks.

Capricorn Dec. 22 - Jan. 20
Many of you are running into old flames. This can be exciting or unsettling, depending on how the relationship ended. Mostly, it's a bit freaky.

Aquarius Jan. 21 - Feb. 19
This is an excellent time to make repairs to your home and finish projects you've had on the go. Family discussions will address old problems and probably solve them quickly.

Pisces
Feb. 20 - March 20
It's been maddening undergoing errors in your communication. Mixed-up messages, misunderstandings plus misplaced paperwork and delays are quite overwhelming!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		5		9				3
	2				4			6
8				7				
			9	5			3	
		8				9		
	3			4	6			
				6				1
9			7				8	
2				1		4		

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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9	5	4	3	2	8	1	7	6
8	3	6	7	1	9	5	4	2
7	1	2	4	6	5	8	3	9
2	9	3	5	7	1	4	6	8
5	8	7	6	3	4	9	2	1
6	4	1	8	9	2	3	5	7
1	7	5	2	8	3	6	9	4
3	2	8	9	4	6	7	1	5
4	6	9	1	5	7	2	8	3

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No purchase necessary. Contest open to residents of Ontario who have attained the age of 18 at the start of the Contest Period and who have registered for the May 9-12 Metro News Auction. Limit of one entry per person, per email address. Odds of winning depend on the number of eligible entries received. One (1) prize is available to be won, consisting of a 1 –night weekend stay for 2 in a Majestic King room at ARC TheHotel, breakfast for 2 valued at $30 per person and complimentary Valet parking (retail value of 360 CDN). Contest Period opens 9am ET, May 3, 2016 and closes at 9pm ET on May 12th, 2016. For full contest details and rules, visit ***metronews.ca/auctionrules***.

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